

## ACTS OF WORSHIP—SUPPLICATION: PSALM 5

## NOTES:

### Psalm 5

For the director of music. For pipes. A psalm of David.

- <sup>1</sup> Listen to my words, Lord,  
consider my lament.
- <sup>2</sup> Hear my cry for help,  
my King and my God,  
for to you I pray.
- <sup>3</sup> In the morning, Lord, you hear my voice;  
in the morning I lay my requests before you  
and wait expectantly.
- <sup>4</sup> For you are not a God who is pleased with wickedness;  
with you, evil people are not welcome.
- <sup>5</sup> The arrogant cannot stand  
in your presence.  
You hate all who do wrong;
- <sup>6</sup> you destroy those who tell lies.  
The bloodthirsty and deceitful  
you, Lord, detest.
- <sup>7</sup> But I, by your great love,  
can come into your house;  
in reverence I bow down  
toward your holy temple.
- <sup>8</sup> Lead me, Lord, in your righteousness  
because of my enemies—  
make your way straight before me.
- <sup>9</sup> Not a word from their mouth can be trusted;  
their heart is filled with malice.  
Their throat is an open grave;  
with their tongues they tell lies.
- <sup>10</sup> Declare them guilty, O God!  
Let their intrigues be their downfall.  
Banish them for their many sins,  
for they have rebelled against you.
- <sup>11</sup> But let all who take refuge in you be glad;  
let them ever sing for joy.  
Spread your protection over them,  
that those who love your name may rejoice in you.
- <sup>12</sup> Surely, Lord, you bless the righteous;  
you surround them with your favor as with a shield.

## SMALL GROUP DISCUSSION QUESTIONS—WEEK OF JULY 12, 2020

**Psalms: ACTS of Worship—Supplication: Psalm 5**

### CONNECT:

- Reflect on this past week. How are things with your heart right now?
  
- What helps you feel conscious of God's presence during the day?

### SPIRITUAL PRACTICE

**Opening:** Begin your time together with a moment of silent prayer and then read Psalm 5 aloud.

#### Individual Reflection:

- What in the passage is helpful to you in shaping your practice of prayer?
  
- Where do you personally need God's help today?
  
- What great evil, sin, injustice, or brokenness do you see that needs the healing and restoring mercy of God?

**Journal:** David's prayer came from the depths of his heart. Spend time writing your own words of supplication, crying out to the Lord as a way of telling him where you are at this moment.

**Group Sharing:** What did you experience as you were doing this spiritual practice? How could Psalm 5 become a helpful guide to you for your own prayer life?

### DISCUSSION:

- Reflecting on this week's scripture or message, what did you find meaningful or helpful?
  
- What do you learn about David's relationship with God from this Psalm? What insight does this Psalm give into David's struggles?
  
- What do you learn about the character of God in this Psalm? What images of God's character or presence comfort you or remind you of God's steadfast care?
  
- If you were to follow David's example of morning prayer, what effect might it have on the rest of your day?
  
- What is David's understanding of righteousness? What is the impact of God's grace on David?
  
- Read verses 1-3 aloud. In what way are you currently waiting expectantly for God to act?

### PRAYER AND BENEDICTION:

**Praying for one another:** Share the concerns of your heart so that we can pray for one another.

#### Closing Benediction: (Psalm 5:11-12)

*Let all who take refuge in you be glad; let them ever sing for joy. Spread your protection over them that those who love your name may rejoice in you. For surely, O Lord, you bless the righteous; you surround them with your favor as with a shield. Hallelujah, Amen.*